Phar 6961 Women's Health Elective
Course Syllabus

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Meeting Time, Place, Credits

Thursday 10:10 – 12:05 pm

2.0 credits
Course Web Site: [https://moodle2.umn.edu/](https://moodle2.umn.edu/)
Term: Fall
Location: Moos 1-451 (TC) and 163 Lsci (Duluth)
Target audience: PD3 students interested in learning more about women’s health.

Course Instructional Team

Course Team

Jean Moon
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Julie Zhao
*Teaching Assistant*
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Overview of the course

Course content:

During this course, students will have the opportunity to actively learn and discuss women’s health issues taught in the core curriculum to a greater extent. The core curriculum focuses on the pharmacotherapy around women’s health, we will focus on the patient's perspective, pathophysiology, and other quality care considerations specific to women including cultural, religious, psychosocial, and socioeconomic factors effecting health. Health topics will range from social...
issues to menstrual health, breast cancer to eating disorders, with a specific focus on preparing students for professional practice and the pharmacist’s role. Students will be responsible for the pharmacotherapy content delivered in the core curriculum (specifically endocrine, cardiovascular, oncology, and mental health).

Course format:

Students will be expected to spend 2 hours per week in class and 2-4 hours outside of class on course reading, preparing for discussion, and assignments. Each 2 hour session will include active learning activities with some lectures. We will also have guest speakers who will share their experiences as a patient or as a physician. We will utilize collaborative research, peer teaching, reflection writing, presentations of projects, and interviewing. As a guiding principle for this class, we believe we all have a lot to learn from one another about women’s health. Our activities and course format reflect this belief.

All materials will be available on the course moodle site, except for the text book. Modules will cover health conditions, treatments/medications, social and mental health impact, and cost.

Prerequisites

Prerequisite courses: Endocrinology pharmacotherapy sequence in the PD2 year
Prerequisite topics: Contraceptive agents, emergency contraception, hormonal contraception

Computer/Technology Requirements

The University of Minnesota computer requirements are listed here:

- http://www1.umn.edu/moodle/start/technical.html
- Email: Course instructors will communicate through email about course administrative issues. We suggest that you check your U of M email daily.

Course Goals & Objectives

Prepare students to fully engage in managing women’s healthcare by encompassing the intersection of clinical knowledge, patient perspective and medications. As women’s health pertains to half of the population, these issues and appropriate management considerations affect all practicing pharmacists. We will build upon prior content and skills delivered throughout the core curriculum and focus on practical considerations needed to be understood prior to point of care. These skills will be relatable to several populations of focus.

| Examine the role of pharmacists when providing care for women in their common health conditions | 1.0, 1.1, 1.4, 1.8, 2.0, 2.1, 2.7, 2.8, 4.5, 4.6, 5.0, 5.1, 5.4, 6.0, 6.2, 6.3.2, 6.3.3, 6.4.6 | 1.1, 1.2, 1.3, 1.4, 3.1, 3.2, 4.1, 4.2, 5.1, 5.2, 5.7, 5.8, 5.9, 6.1, 6.4, 6.5, 6.6, 6.7, 6.8 |
| Integrate pharmacotherapy knowledge with patient-centered care for the female patient | 1.1, 1.2, 1.5, 1.6, 1.8, 2.0, 2.1, 2.2, 2.3, 2.4, 2.5, 2.7, 2.8, 6.0, 6.1, 6.2, 6.3.2, 6.3.3, 6.4.2, 6.4.5, 6.4.6 | 1.1, 1.2, 1.3, 1.4, 3.1, 3.2, 3.4, 3.5, 4.1, 4.2, 6.1, 6.4, 6.5, 6.6, 6.7, 6.8, 6.10 |
| Discuss the patient’s experience/perception of conditions and issues affecting women’s health | 1.0, 1.1, 1.2, 1.4, 1.5, 1.8, 2.0, 2.1, 2.2, 2.4, 2.5, 2.7, 2.8, 3.0, 4.5, 4.6, 6.0, 6.2, 6.3.3, 6.4.6 | 1.1, 1.2, 5.1, 5.2, 5.8, 5.9, 6.1, 6.4, 6.5, 6.6, 6.7 |

Domains below provided for reference.
## Competency Domains

### Domain 1: Patient-Centered Care
As a provider of care, the pharmacist is ethical, benevolent, empathetic, competent, open-minded, prudent in making judgments, and devoted to serving others. The pharmacist applies knowledge, experience, and skills to protect the welfare of humanity. The pharmacist willingly and respectfully cares for patients to assure optimal therapeutic outcomes.

### Domain 2: Population Health & Vulnerable Communities
As a promoter of public health, the pharmacist uses his/her expertise to partner with others to improve care for vulnerable communities or at risk populations. The pharmacist recognizes the differences between populations of individuals and seeks to alleviate disparities that exist.

### Domain 3: Health Systems Management
As a manager of health system resources, the pharmacist examines critical issues, assumptions, and limitations to produce and validate ways to deliver medications safely, effectively, and in a timely manner. The pharmacist demonstrates imagination, inventiveness, and courage by undertaking new endeavors to produce improved quality, productivity, efficiency, effectiveness, and innovation.

### Domain 4: Leadership & Engagement
In leading, the pharmacist demonstrates integrity and is habitually resolute, focused on excellence, knowledgeable about the “big picture,” strategic, focused, persuasive, open to feedback, decisive, visionary, empowering, and service-oriented.

### Domain 5: Professional & Interprofessional Development
When collaborating, the pharmacist demonstrates critical thinking, excellent communication and leadership, and is goal-oriented, cooperative, assertive, respectful, enthusiastic, and reliable. The pharmacist consistently and consciously demonstrates high ethical and moral standards by considering how and when to act, acting in a manner that is clearly consistent with those standards and exercising accountability for those actions.

### Domain 6: Knowledge, Scientific Inquiry, and Scholarly Thinking
In making use of scientific knowledge, the pharmacist explains with thoroughly researched, evidence based accounts of facts and data, and provides interpretations based on analysis of the importance, meaning, and significance. The pharmacist applies knowledge fluently, flexibly, and efficiently in diverse contexts.

* refer to College of Pharmacy Competency Domains for Section descriptions. Link to full competency domain document.

## Attendance Policy
Students are expected to attend every class for which they are registered. Students are expected to attend classes on the campus where they are enrolled. Instructors may choose to take attendance.

## Course Materials
Course materials are located on Moodle.

The following material is recommended (not required) in this course and available on-line and in the learning center library:

## Assessments and Grading
“Contracting for a Grade” (A or B) will serve as the basis for grade designation within this course, available on moodle. At the beginning of the semester, students will be provided with a course contract outlining the requirements for final course grades. It is expected that students attend all class sessions and complete all moodle quizzes (passing grade of
60%) to achieve a passing grade in the course.

See the course contract for an outline of course assignments and expectations. The purpose of this grading format is to remove students’ concentration away from scoring associated with individual assignments, allowing full attention to be focused on the knowledge acquisition and reflection addressed within the course. By signing a contract at the beginning of the course, students understand the activities and assignments required and the grade they will receive at the semester’s completion. Faculty will award grades after the contracted work has been satisfactorily completed.

Course work descriptions:

Quizzes: Students will complete a 5 question quiz based on the module content (textbook or in class) via moodle.

Jigsaw: Students will be divided into small groups. Each student will read one of the assigned chapters and determine 3-5 main learning points from the chapter and develop one assessment question based on those main learning points. In class in small groups, each student will have 5 minutes to share what they learned from their chapter and ask their assessment question to the group. The class will reconvene and see if there are any unresolved questions for the faculty.

Interview with a Woman: Students will interview a woman in their life regarding their health and healthcare. Students will present their findings/reflections with small groups and submit a paper via moodle. See Interview activity description for more information.

Final project: In pairs, students will be asked to identify a topic (due on moodle, in order to minimize duplication) of a significant health issue affecting women’s health. Students will be presenting their findings on an assigned time during the last 2 weeks of class. Each group will have about 20 minutes to present including time for questions, five student groups will present each day. Students not presenting are required to complete a peer evaluation of the presentation. See final project description for more information.

Optional Assignments: Some events are campus specific. See individual assignment descriptions for more information.

Graded Assessments
The following graded assessments will count toward your final grade for this course in the following amounts:

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<th>#</th>
<th>Due Date</th>
<th>Title Brief description</th>
<th>Points</th>
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<td>9/8</td>
<td>Moodle:</td>
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<td>Module 3 Quiz*</td>
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<td>Module 4 Quiz*</td>
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<td>Interview with a Woman – student presentations/reflection paper (submit via moodle)*</td>
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<td>Final presentations*</td>
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<td>• Final paper due (via Moodle)*</td>
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<td>• Contract for A assignments due (via Moodle)**</td>
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<td>• Peer-evaluations due (in class)*</td>
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*Required for contract for a grade A or B  
**Contract for an A only

**Statement on Penalties for Late Work**  
Late work will not be accepted unless you have a University excused absence.

**Exam Policy**  
No exams for this course.

**University of Minnesota and College of Pharmacy Policy Reference** (Centralized Syllabus)  
[This page includes all required UMN and CoP policies, e.g., Academic Freedom; Copyright; Course Evaluations; Disability Accommodations; FERPA, etc.]

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