

## *Mentoring Recommendations*

- **Value the professional relationship.**  
The profession of pharmacy is relatively small, close knit profession. The networking done as a student can be of great benefit in the future.
- **View mentoring as a person-centered as opposed to site-centered experience.**  
Good mentoring occurs because of a positive professional relationship between people.
- **Contact your mentor within one to two weeks of receiving her/his contact information.**  
The responsibility for the initial contact resides with the student, who should provide both his/her phone number and email information. Busy pharmacists may not be as likely to utilize email as are students. Mentoring will be more positive if it is done throughout the semester and well in advance of the completion deadline.
- **Dress and act professionally.**  
As part of the profession of pharmacy, students are expected to dress as they would when working in a pharmacy and to be professional in their behavior while being mentored.
- **Keep appointments.**  
Both students and mentors are very busy. Appointments should be kept except for emergency situations. Students should notify mentors if appointments must be changed, and mentors should do likewise.
- **Students must not work as part of their mentoring experience.**  
There are no exceptions to this requirement.
- **Contact one of the course directors or teaching assistant if there are concerns about a given mentoring situation.**  
The course directors and teaching assistant will facilitate dealing with any problems that arise, e.g. a mentor who is unavailable for an extended period of time due to illness, being on vacation, or another reason; a mentor who no longer is at a site; an incorrect phone number or email.
- **Remember that time is a precious commodity.**  
Time is one of the most valuable things that students can receive from mentors. Similarly, students' time is also very limited. Students and mentors alike are giving a lot when they give time to one another.
- **Mentoring small groups are required.**  
Small group participation should take precedence over other activities that are NOT required.