Our program has gone through several significant programmatic transitions over the past year! Due to the size of our program, we have been able to add a second Assistant Director and shift our Program Coordinator to a full time position. In addition to these significant changes, we also recognized and thanked Dr. Sarah Westberg during our graduation celebration as she transitions fully to the Co-Associate Dean for Clinical Affairs. Sarah served as Program Director for three years and Assistant Program Director for three years before that. Sarah has made significant contributions and provided excellent leadership to the residency program locally and nationally. We have all appreciated her positivity, mentorship, and unwavering strength and presence. We are lucky to have Sarah’s continued guidance as the Co-Associate Dean.

This past spring, we also underwent an accreditation surveyor visit. As the largest PGY1 program in the country, this was a large undertaking by all of our sites, preceptors, residents, and staff. I really want to thank everyone for all of their extra effort given to this endeavor. The surveyors had many positive things to say about our program in addition to some areas for improvement and consideration. We have already begun implementing many of these changes.

(continued on page 2)
Welcome from the Director; continued

One of the most significant required changes by accreditation included an official name change and we are now the University of Minnesota Postgraduate (PGY1) Pharmacy Residency Program. We are focusing on ensuring applicants are able to identify our program has an ambulatory care focus. One of the greatest improvements we made was forming an official Residency Advisory Committee (RAC). As we logistically can only meet twice a year as a large preceptor group, the RAC allows our program to make timely decisions for the program. Thank you to those that are currently serving!

As a 2005 alumni to the program, preceptor, Assistant Director, and now Program Director, I am very excited to take on this role with a truly amazing administrative team. Dr. Jody Lounsbery, clinical faculty and residency site coordinator for Broadway Family Medicine, has joined as the 2nd Assistant Director. Together with Dr. Sarah Schweiss, we have established defined roles and responsibilities to better achieve our program learning objectives and ensure our PGY1 outcomes. Dr. Schweiss will continue to manage Academic Day curriculum and Dr. Lounsbery will take on managing the additional resident course work (i.e. Applying Medical Literature, Building an MTM Practice, and Foundations in Teaching). Our wonderful Program Coordinator, Amy Pavelka, has taken on additional responsibilities and continues to be the glue for our continually growing program. Together we are ready to work with our sites, preceptors and residents to provide an excellent training program and prepare the next generation of pharmaceutical care practitioner leaders.

Sincerely,

Jean Moon, Pharm.D., BCACP
Associate Professor, Pharmaceutical Care & Health Systems
Program Director, Postgraduate (PGY1) Pharmacy Residency Program
Clinical Pharmacist, Broadway Family Medicine
College of Pharmacy
University of Minnesota
jmoon@umn.edu

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2015-2016 Residents: Where are they now?

Ashley Artmann – Clinical MTM Pharmacist, Ridgeview Medical Center and Clinics, Chaska, MN
Sarah Derr – Executive Fellow, Iowa Pharmacy Association, Des Moines, IA
Allison Gilmore – Inpatient Pharmacist, CentraCare Health – St. Cloud Hospital, St. Cloud, MN
Emily Hein – Teaching Specialist/Pharmacist, University of Minnesota and Children’s Minnesota, Minneapolis, MN
Karin Josephson – MTM Pharmacist, Westfields Hospital and Clinic, New Richmond, WI
Maddie Kelzenberg – Clinical Pharmacist, St. Cloud VA, St. Cloud, MN
Lara Kerwin – 2nd Year Pharmaceutical Care Leadership Resident, University of Minnesota, Minneapolis, MN
Joe Lahti – MTM Pharmacist, Fairview Pharmacy Services, Minneapolis, MN
Heidi Le – 2nd Year Pharmaceutical Care Leadership Resident, University of Minnesota, Minneapolis, MN
Courtney Linhart – Clinical Wellness Pharmacist, Cub Pharmacy, Duluth, MN
Nicole Meyer – Pharmacy Manager, Shopko, New Richmond, WI
Cory Nelson – Clinical Pharmacist, Kaweah Delta Health Care District, Visalia, CA
Grant Shaft – MTM Coordinator, Walgreens, Roseville, MN
Chelsea Steffen – Clinical Pharmacist, FirstLight Health System, Mora, MN
Kyle Turner – Assistant Clinical Professor, University of Utah, Salt Lake City, UT
KauChee Vang – Staff Pharmacist, Walmart
Leah Wonderful – Wellness Pharmacist, Supervalu, Minneapolis, MN
Saying Goodbye

The residency program said goodbye to **Dr. Sarah Westberg** on June 24 during residency graduation at the McNamara Alumni Center.

New Sites Spotlight

**CentraCare Health Paynesville**

CentraCare Health-Paynesville is back in with the University of Minnesota Pharmacy Residency Program. Erin Warner is the fourteenth resident to train in Paynesville since the program began in 1998. Past residents hold patient care positions from Colorado to Wisconsin and Northern Minnesota to Iowa. Todd Lemke, the program’s second resident is the current site preceptor. He is joined by Jennifer Klocker and Kaitlyn Latour to provide a rural ambulatory experience for Erin. Paynesville pharmacists provide care in multiple settings including an outpatient clinic where they manage diabetes, anticoagulation and general medication therapy management consults, a long term care setting where they provide fall evaluations and disease state management and a hospital setting where they co-manage patients and provide a wide variety of clinical monitoring services. Paynesville’s pharmacy department has been active in expanding medication management services to other CentraCare clinics and hospitals including providing medication therapy management services to employees and patients at other CentraCare Clinics. Most recently the pharmacy staff were recognized by the Minnesota Pharmacist Association with the 2016 Excellence in Innovation award.
Cash Wise Clinic Pharmacy at ACMC
Affiliated Community Medical Centers (ACMC) is a regional leader in West Central and Southwest Minnesota’s health care delivery system. ACMC Health is a multi-specialty health network with over 180 physicians and advanced practice providers in 40 specialty areas. ACMC is committed to improving the health of our communities and maintaining its’ role as the healthcare leader of choice. The heart of ACMC Health is providing compassionate, quality care for its’ patients. Cash Wise Pharmacy is part of a supermarket chain primarily serving rural communities throughout the Midwest. Currently, there are 36 stores in Minnesota, 1 in South Dakota, and 1 in Wisconsin under the banners of Coborn’s, Cash Wise, and Marketplace Foods. Cash Wise Clinic Pharmacy in Willmar strives to provide the highest quality care to our patients and to serve as a collaborative business partner with ACMC within which they are housed.

The pharmacy is also part of Southern Prairie Community Care (SPCC) which is a 12 county Accountable Care Organization that works collaboratively with community partners on innovative strategies to improve the health of people in the region. Their work is centered on population health initiatives, developing a regional electronic medical record to support care delivery, and implementing integrated collaborative community care processes that respond to individual patient needs and dynamics to improve their health status.

Cash Wise Clinic Pharmacy has been expanding their clinical services over the past few years, including vaccination and medication therapy management services. This is the first year where pharmacists are working as a part of the ACMC team to provide multidisciplinary care to our patients. Currently the resident and preceptor are working closely with staff of ACMC to establish MTM services in the clinic and support additional ambulatory care services as necessary. In addition to working with ACMC providers, the resident also plays a crucial role in working with SPCC care coordinators to improve care and eliminate health discrepancies within rural Minnesota communities.
GuidePoint Pharmacy

GuidePoint Pharmacy is an independently-owned community pharmacy proudly serving the populations in rural Minnesota. The focus on patient-centered care with an emphasis on personal wellness and public health has garnered attention not just from the communities they serve, but also recognition from the state and nation.

GuidePoint’s Medication Therapy Management (MTM) philosophy is reflected in the name - helping guide customers and pointing them in the direction of good health. As such, clinicians have been providing pharmaceutical care services and targeted disease state management through specialized training since the mid-90s, before these services were widely accepted. Since then, their pharmacy services have expanded to include: tobacco cessation education programs, Medicare-approved diabetes self-management education and training, comprehensive health screenings, point of care testing, vaccinations, and telepharmacy services.

This residency program was launched in collaboration with Northern Pines Mental Health Center, a Minnesota-based nonprofit comprehensive community mental health center serving six counties in Central Minnesota. The primary responsibility of the pharmacy resident is to build the role of a clinical pharmacist within the Behavioral Health home model. The resident will work collaboratively with the interdisciplinary ACT team and primary care providers to optimize patients’ medication therapy by integrating the practice of evidence-based medicine in a severely and persistently mentally ill population. Development of strong clinical skills and patient interviewing skills will be a vital aspect for the success of a pharmacist in this practice setting. Additional roles of the pharmacy resident are to develop protocols for medication-related documentation and provide educational presentations to healthcare team and patients. The ultimate goal of the residency program is to demonstrate the value of a pharmacist in the provision of pharmaceutical care within the Behavioral Health home model and inspire other communities to adopt a similar practice to serve this patient population.
Meet Our Residents, 2016 - 2017

**Brett Bowman, Pharm.D.**
**Site:** St. Cloud VA Medical Center
**bbowman@umn.edu**

Brett was born and raised in Colorado Springs, Colorado. He first decided to pursue a career in pharmacy while working on his undergraduate degree at Metropolitan State University of Denver. Brett earned his Doctor of Pharmacy degree from the University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences in May of 2016. During this time, he enjoyed holding a leadership position with Rho Chi and became more interested in the ambulatory care side of pharmacy. Completing an ambulatory care rotation at the University of Colorado Hospital reinforced his desire to further his skills in this area with a PGY1 residency. He was also fortunate to gain more primary care experience with the Colorado Springs VA CBOC in his last rotation. He looks forward to working with veterans again this year at the St. Cloud VA. In the future, Brett would like to continue to practice ambulatory care as a clinical pharmacist, pursue board certification, and have opportunities to be involved with expanding ambulatory care services. In his free time, Brett enjoys fishing, working out, recreational racquet sports, and following pro and college baseball and football. While he will miss the mountains in Colorado, he is excited to experience and explore the great fishing opportunities in Minnesota.

**Emily Bruggeman, Pharm.D.**
**Site:** West Side CHS
**brugg045@umn.edu**

Emily is a 2016 graduate of the University of Minnesota College of Pharmacy, Twin Cities campus. A Minnesota native, she previously earned her Bachelor of Arts in Biology at the College of St. Benedict | St. John’s University, with a minor in Hispanic Studies. Her professional interests include a passion for direct patient care and community service. She has had the privilege to carry out both of these as a volunteer at the Phillips Neighborhood Clinic, where students from a range of professional fields practice the skills they learn in school while providing medical care for underserved patients in Minneapolis. In 2013, she also participated in the Puebla Service Project, where a group of pharmacy students involved in the Minnesota Pharmacy Student Alliance traveled to remote towns in Mexico to provide free point-of-care health screenings and education. She enjoyed it so much she decided to return as a coordinator for the 2014 trip. As one of two pharmacy residents at West Side Community Health Services, she will be able to pursue those same passions of direct patient care and community service in Saint Paul. Her goal is to continue caring for patients with a career in a multidisciplinary ambulatory care setting. Emily’s favorite ways to spend time outside of pharmacy are playing volleyball, enjoying live music, reading, and teaching her dog new tricks.

**Holly Christian, Pharm.D.**
**Site:** Walgreens/UMP Bethesda
**hchristi@umn.edu**

Holly is originally from Apple Valley, MN. She attended North Dakota State University where she earned a bachelors degree in Zoology and continued at NDSU - College of Health Professions for her Pharm.D degree in 2016. During her time at NDSU, she was a member of Phi Lambda Sigma (PLS) Leadership Society, ASHP and several organizations outside of the School of Pharmacy, including Violence Prevention Educators and the Student Athletic Advisory Committee. She is passionate about ambulatory care because it provides a unique position for pharmacists to work on interdisciplinary teams in order to equip patients with necessary resources to improve their health outcomes and to develop working relationships with patients through direct patient care. In her free time, she enjoys hiking, playing soccer and going up to her cabin in Northern Minnesota as much as possible. She also likes spending time with her family and eating copious amounts of pizza.

**Sara Dick, Pharm.D.**
**Site:** St. Cloud VA Medical Center
**sdick@umn.edu**

Sara graduated from Concordia University-WI in Mequon, WI. She helped to initiate a new chapter of ACCP at her school and was the chapters first president. It was from this she gained her love for ambulatory care and is excited about the opportunity to work with the patients at the VA in St. Cloud. Throughout school she worked at both an outpatient and inpatient clinic. She gained valuable experiences from both settings. After residency she hopes to continue working with the VA population. In her free time she loves spending time with family, friends, being outdoors, and quilting/scrapbooking.

**Leah Eckstein, Pharm.D.**
**Site:** New Ulm Medical Center
**eckst069@umn.edu**

Leah recently graduated with her Doctor of Pharmacy Degree from South Dakota State
University in May of 2016. She was involved with the American Pharmacists Association Academy of Student Pharmacists and Kappa Psi. She had the opportunity to hold many leadership positions through the American Pharmacists Association Academy of Student Pharmacists and was able to be a part of developing various programs for underserved patients. Her interest in ambulatory care grew as she worked directly with patients and witnessed the impact pharmacists had. She grew up in New Ulm and is excited to return back to her hometown to complete her residency. She was drawn to this program and site specifically after completing her Hospital IPPE at the New Ulm Medical Center. After completing her residency, she hopes to pursue a career in an ambulatory care practice site in a rural area and provide MTM services in a clinic. In her spare time, she enjoys scrapbooking, fishing, and spending time with family and friends.

Shawna Gervais, Pharm.D.
Site: Avera Marshall Regional Medical Center
sgervais@umn.edu

Shawna was born and raised in southwest Minnesota. After high school, she attended St. Louis College of Pharmacy where she was highly involved with Lambda Kappa Sigma, Student Pharmacist Association, Student National Pharmaceutical Association, and Prescripto, as well as tutoring and additional community outreach. She always knew she wanted to give back to a small community similar to the one she was raised in. During her P4 year she was able to travel a lot and experience the different areas of pharmacy. On her ambulatory care rotation, she realized how much she enjoyed working one-on-one with patients. One of her favorite experiences during ambulatory care was that rewarding feeling of having a patient walk away with newfound knowledge and understanding. Following residency, she hopes to work either in a strictly ambulatory setting or in a small hospital where she can incorporate patient education to optimize care a therapy management. In her free time, she enjoys kayaking, hiking, biking, crafting, working on the farm, and really anything outdoors.

Stephanie Swanson, Pharm.D.
Site: 1st Year Pharmaceutical Care Leadership/Broadway Family Medicine
gibbs066@umn.edu

Stephanie earned her Doctor of Pharmacy degree with a Leadership Emphasis at the University of Minnesota College of Pharmacy in May 2016. During pharmacy school, she was committed to leadership and teaching and was involved in the College at many levels including Phi Lambda Sigma, Philips Neighborhood Clinic and the Pharmaceutical Care Learning Center. She enjoys connecting with others and is enthusiastic about helping them achieve their goals, both as students and patients. Stephanie is currently in year one of the Pharmaceutical Care Leadership Residency where she spends half her time providing ambulatory care services at Broadway Family Medicine and the other half teaching in the Pharmaceutical Care Learning Center. She is looking forward to fulfilling her dual passion for working with both patients and students. During her free time, Stephanie enjoys kayaking, being outdoors and playing soccer when she gets the chance!

Lauren Hanson, Pharm.D.
Site: Essentia Health System
ljhanson@umn.edu

Lauren grew up in Prairie du Chien, WI and graduated from University of Wisconsin-Madison in May 2016. She also earned a Patient Safety certificate. She was Involved with Pharmacy Society of Wisconsin, was 4th year class president and 3 year Student Senate member. Her first time in Duluth was during her interview but she is looking forward to moving to such a beautiful area and taking advantage of the Fall outdoor activities, especially running and hiking. She also loves to watch sports and is a fan of the Wild but will never give up her love for the Badgers and Packers even with moving to Minnesota. She also enjoys cooking and baking, trying new wheat beers, and spending time with her family and friends. She comes from a big, mixed family: 7 siblings total. She knew she wanted to be a pharmacist when she started to learn about all the ways they can impact the care of patients, in particular when her grandpa was going through treatment for esophageal cancer and being cared for by pharmacists both in and out of the hospital. She is so excited to be able to improve the lives of her patients through her expertise of medications. She has no firm post-residency plans, but hopes to work in ambulatory care, particularly with patients with diabetes.

Jennifer Heath, Pharm.D.
Site: Park Nicollet Health
dobbe042@umn.edu

Jenn earned her Pharm.D. degree from the University of Minnesota College of Pharmacy in May of 2016. She was involved in Phi Delta Chi Pharmacy Fraternity, Minnesota Pharmacy Student Alliance, and volunteered at the interprofessional, student-run Phillips Neighborhood Clinic. She is also currently involved in the Minnesota Society of Health-System Pharmacists (MSHP) and Minnesota Pharmacists Association (MPhA). Jenn’s passion for patient care flourished through her internship experiences in both the inpatient and ambulatory care settings. Jenn is the ambulatory care resident at the Park Nicollet Family Medicine Clinic in St. Louis Park, MN. Following residency, Jenn will (continued on page 8)
continue to practice in an ambulatory care setting and become a preceptor and mentor to students. She is passionate about the profession and will continue to engage and seek leadership opportunities in pharmacy organizations. Jenn is originally from Viroqua, WI, and while she plans to remain in Minnesota after residency, she will always be a loyal fan of the Green Bay Packers. Jenn enjoys the outdoors, 90’s music, yoga, exploring the Twin Cities, traveling, and spending time with her family, friends, and husband, Austin.

Lara Kerwin, Pharm.D.
Site: 2nd Year Pharmaceutical Care Leadership/North Memorial - Golden Valley Clinic
lckerwin@umn.edu

Lara Kerwin received her Pharm.D. degree from the University of Missouri - Kansas City (UMKC) School of Pharmacy in 2015. During pharmacy school, she developed a passion for professional advocacy, patient-centered care, and mentorship as part of APhA-ASP, Phi Lambda Sigma, and the Missouri Pharmacy Association (MPA). Her most memorable achievement from pharmacy school was designing and implementing “Advocacy Week” in collaboration with MPA. Lara also developed clinical skills as an intern for both CVS Health and Saint Luke’s Hospital of Kansas City. After completing her residency, Lara will pursue a career in academia with a practice site in ambulatory care. She envisions a future where all pharmacists identify and capitalize on their unique role in the healthcare team. Lara plans to teach and precept students, maintain active involvement in local, state, and national organizations, and pursue scholarly collaborations and activities. Outside of pharmacy, Lara loves listening to music, exploring local sights, cheering on her Kansas City Royals, and spending time with friends and family. She also loves classic books, trivia, puns, 90’s romantic comedies, and good coffee.

Christine “Tina” Larsen, Pharm.D.
Site: FirstLight Health Services
larse394@umn.edu

Christine, usually called Tina, received her Bachelors of Science in Genetics, Cell Biology and Development from the University of MN in 2012 and her PharmD from the University of MN in 2016. Her professional interests include rural healthcare, geriatrics, and personalized medicine. FirstLight is a site that enables her to care for a rural community through MTM while allowing her to expand her experiences beyond the clinic. Her personal interests include playing video games, cooking new things, and trying every kind of tea. Currently, she is keeping busy finding a new home that she can make her own.

Heidi Le, Pharm.D.
Site: 2nd Year Pharmaceutical Care Leadership Resident/HealthPartners
lexxx149@umn.edu

Heidi earned her Doctor of Pharmacy degree at the University of Minnesota in May 2015. She received her Bachelor of Science in Chemistry and Bachelor of Arts in Biology from Augsburg College in Minneapolis, MN in 2010. Upon graduating from Augsburg, she received the Fulbright Scholarship where she spent a year teaching English Speaking to first year college students in Thai Nguyen, Vietnam. As a pharmacy student, she was engaged in several student organizations including Minnesota Pharmacy Student Alliance, Phi Lambda Sigma National Pharmacy Leadership Society, and the Phillips Neighborhood Clinic where she held several leadership positions. Heidi expanded her skills and knowledge having worked as a pharmacy intern at the University of Minnesota Medical Center Specialty Infusion Procedure Center and the University of Minnesota Physicians Masonic Cancer Clinic Pharmacy and now works there part time as a pharmacist. Heidi is currently in year two of the Pharmaceutical Care Leadership Residency where she spends half her time providing ambulatory care services at Health Partners Neurology Clinic and the other half teaching at the University of Minnesota College of Pharmacy. In her spare time, Heidi enjoys traveling, running, exploring new restaurants, and spending time with friends and family.

Lindsay Lundell, Pharm.D.
Site: Fairview Pharmacy Services
lunde355@umn.edu

Lindsay is a Twin Cities native, but spent most of her educational years in Wisconsin, including attending the University of Wisconsin-Madison and University of Wisconsin-Whitewater for her pre-pharmacy studies. She graduated from the University of Minnesota College of Pharmacy-Duluth in May 2016. Lindsay is one of two residents practicing at Fairview Clinics. She provides medication therapy management four days per week, with one day spent working with a broader focus on system wide initiatives and practice management. Lindsay is passionate about patient centered care and strives to help people make informed decisions about their health care and achieve their health goals. She hopes to continue her career in ambulatory care after residency and has an interest in teaching. Outside of pharmacy, Lindsay enjoys cabin life, water sports, working on fitness, and spending time with her family and friends.
Sharon Ng, Pharm.D.
Site: GuidePoint Pharmacy
ngxxx184@d.umn.edu
Sharon Ng, Pharm.D.
Site: GuidePoint Pharmacy
ngxxx184@d.umn.edu

Sharon (Sharon) earned her Doctor of Pharmacy degree from University of Minnesota in May 2016. She has previously received her Bachelor of Science in Pharmacology from SUNY Stony Brook. Influenced by the patient population that she worked with as an intern, Sharon has developed a keen interest in the area of psychiatric pharmacy. As a student, she has actively promoted the value of neuropsychiatric pharmacists and led efforts in increasing awareness of stigma against mental illnesses through the launching of Operation Mental Health within Minnesota Pharmacy Student Alliance. She had also been heavily involved with Multicultural Pharmacy Student Organization and many multidisciplinary projects as a student leader, which further solidify her dedication to the cause of seeking common understanding and bridging the cross-cultural communication gaps. As a resident at GuidePoint Pharmacy/Northern Pines Mental Health Clinic, Sharon is committed to further develop pertinent skills that will help her better serve her patients and be a valuable addition to the healthcare team as a pharmacist practitioner. Pharmacy aside, Sharon loves to travel and enjoys camping and hiking in the great outdoors.

Jovin Panthapattu, Pharm.D.
Site: West Side CHS
jpanthap@umn.edu

Jovin Panthapattu is currently one of two residents rotating between the East Side Family Clinic and West Side Community Health Clinic. Jovin earned his Doctor of Pharmacy degree from the University at Buffalo in May 2016. He was involved with various organizations in pharmacy school and took on leadership roles in community outreach through service-learning initiatives. Jovin’s interests include medically indigent populations, service learning, servant leadership, and community outreach. He was the co-founder of Student Pharmacists for Global Outreach (SPGO), a thriving organization focused on outreach initiatives with underserved populations at the local, national, and international levels. After residency, Jovin hopes to establish a career as a clinical pharmacist in the community and attain board certification in ambulatory care. Outside from pharmacy, Jovin enjoys traveling (nationally and internationally), exploring cultures through cuisine, being outdoors (weather permitting), fusion-cooking, and meeting people from different cultures and backgrounds!
Meet Our Residents, 2016 - 2017, continued

Ajay Patel, Pharm.D.
Site: Community-University Health Care Center
pate0401@umn.edu
Ajay grew up in Crystal, MN. He graduated from the University of Minnesota College of Biological Sciences with a B.S. in Biology in 2011. He graduated with his PharmD from the University of Minnesota where he was involved in College Board, Phi Delta Chi professional fraternity, and Minnesota Pharmacy Student Alliance. Throughout undergrad and pharmacy school he worked in retail pharmacy, inpatient and outpatient hospital pharmacy, and for a PBM, all of which have shaped his decision to go into ambulatory care practice. Outside of pharmacy, he loves to dance and currently study and performs various types of Indian classical and folk dances. He also enjoys spending time with his family and friends, and taking advantage of the beautiful Minnesota summers by spending time at the lakes around town.

Brittany Raymond, Pharm.D.
Site: Essentia Health
steve533@umn.edu
Brittany is originally from North Mankato, MN. She obtained her bachelor’s degree in chemistry from St. Olaf College in May 2012 and earned her Doctor of Pharmacy degree from Creighton University in May 2016. During pharmacy school she was involved in Phi Delta Chi, Phi Lambda Sigma, APhA, and SSHP. In her spare time, Brittany enjoys watching tv shows and playing board games with her husband, photography, reading, and spending time with friends. She and her husband are very excited to explore the picturesque views of Lake Superior and Duluth.

Alexander Ross, Pharm.D.
Site: Ridgeview Medical Center
rossx497@umn.edu
Alex is originally from Eagan, MN and graduated with his PharmD from North Dakota State University in May of 2016. Throughout his pharmacy education he was involved with Rho Chi and the NDSU Public Health Department. Through these experiences as well as involvement in community pharmacy he realized his love for direct patient care and the great utility of MTM services, which developed his passion for ambulatory care practice. In his spare time he loves to cook, run, spend time with his family at their cabin in Wisconsin, as well as to play and watch soccer! He is very excited for the opportunity to work with the University of Minnesota and Ridgeview Medical Center. These organizations are important parts of the community he love and the community that he plans to work in following the completion of his residency.

Natalie Roy, Pharm.D.
Site: 1st Year Pharmaceutical Care Leadership/Smiley’s Family Medicine
nroy@umn.edu
Natalie earned her Doctor of Pharmacy degree at Drake University in 2016. As a student pharmacist, she was engaged in several professional organizations including Kappa Psi, APhA, ASHP-ASP, Rho Chi, and Phi Lambda Sigma. Natalie also co-founded an organization of PharmD students from Drake University and DO medical students from Des Moines University with the goal of creating an innovative partnership of interprofessional students. Through her executive internship at the Iowa Pharmacy Association and her legislative internship at the Iowa State Capitol, she developed a passion for advocacy and leadership to advance the profession of pharmacy. In addition to her education at Drake, Natalie expanded her clinical skills during internships at Mayo Clinic and Hy-vee pharmacy. Natalie’s passion for patient care includes her vision of patient empowerment, which she believes ambulatory care pharmacists can provide through health coaching. Natalie’s hobbies include yoga, running, biking, camping, and cooking. She is looking forward to living in her home state and exploring the Twin Cities with her husband.

Gunjan Shah, Pharm.D.
Site: Cashwise Clinic Pharmacy/Affiliated Community Medical Centers
gshah@umn.edu
Gunjan is originally from India. She moved to United States when she was 16 and ever since then Rochester and Buffalo, New York have become her home. She completed her undergraduate and pharmacy school from University at Buffalo. She spent past two years working at HIV clinic and her passion for patient care is what led her towards University of Minnesota’s incredible ambulatory care residency program. As a student she was involved in Academy of Managed Care Pharmacy (AMCP). She enjoys traveling, especially exploring new places and cultures. In her free time, she loves spending time with her family and friends. Her futures plans involve becoming a successful ambulatory care pharmacist, working with an NGO, pursuing a career in academia and of course, more traveling.
Hyojin Sung, Pharm.D.
Site: Community-University Health Care Center
sungh@umn.edu

Hyojin is originally from Busan, Korea and lived in Boulder, Colorado since moved to the U.S. She completed a bachelor’s degree in molecular biology from University of Colorado, Boulder in December 2011 and earned her pharmacy degree from University of California, San Francisco in May 2016. Living in Boulder had much influence on how she pursued a healthy lifestyle. She enjoys going to farmer’s market, cooking fresh food, long-distance running and hiking. During her pharmacy school, she participated in Health Service and Policy Research pathway where she received training on health policy related research as well as clinical rotation. Her passion for providing direct patient care to underserved population stemmed from her volunteer experience with community-based organizations called The Shanti Project and Clinic by the Bay. She realized that there is nothing more rewarding than advocating high-quality health care to immigrants who aren’t familiar with U.S health care system and empowering people to take charge of their health with the available resources. She also loved the supporting environment of the clinic and decided that ambulatory care practice is where her heart lies. After residency, she hopes to continue her career in ambulatory care practice with a community-based clinic and be actively involved in public health research with local organizations.

Erin Warner, Pharm.D.
Site: CentraCare Health - Paynesville
warne269@d.umn.edu

Originally from Blue Earth, MN, Erin earned her Bachelor of Science from the University of Minnesota Duluth and Doctor of Pharmacy degree from the University of MN. Her experiences providing direct patient care during her Ambulatory Care rotation persuaded her to pursue a residency, and her passion for rural health care guided her towards a residency that is focused on the needs of patients living in rural Minnesota. In the future, she hopes to develop her own MTM practice and continue providing pharmaceutical care to patients. In her free time, she enjoys being active, cooking, camping, and spending time with friends and family.

Landon Weaver, Pharm.D.
Site: CentraCare Health - St. Cloud
weave165@d.umn.edu

Landon Weaver earned his Doctor of Pharmacy Degree from the University of Minnesota College of Pharmacy in May 2016. He previously received his Bachelor of Science in Cell and Molecular Biology from the University of Minnesota Duluth in 2012. Landon was a leader in the College of Pharmacy having served as the Worthy Chief Counselor of the Beta Psi chapter of Phi Delta Chi, and as the Generation Rx Coordinator with the Minnesota Student Pharmacy Alliance. As Worthy Chief Counselor he recruited and initiated the largest pledge class to date. In the role of Generation Rx Coordinator, Landon and his team educated the dangers of prescription drug misuse to over 1000 individuals. He was recognized with the Cardinal Health Generation Rx Champions Award for his commitment to raising awareness of the dangers of prescription drug abuse among the general public and among the pharmacy community. During his time at the College of Pharmacy, Landon worked as an ambulatory pharmacy intern at the Essentia Health Superior East Pharmacy. He also enjoyed teaching sterile compounding to first year students as teaching assistant in the pharmaceutical care skills lab. Landon grew up in Rosemount, Minnesota. In his free time Landon enjoys geocaching, reading, cooking, swimming, trivia, and playing board games.

Angela Yarbrough, Pharm.D.
Site: Fairview Pharmacy Services
yarbr032@umn.edu

Pharmacy is a second career for Angela. Prior to 2010, she made her living making costumes for theater for 18 years. In the Twin Cities, she primarily worked for the MN Opera and the Guthrie Theater. Completing her Doctor of Pharmacy from the University of MN College of Pharmacy marked the end of her 14th year of college and is her terminal degree. St. Paul is her hometown where she lives with her husband of twelve years, Luke, and her Portuguese Water Dogs, Foxy and Lola. She enjoys ballroom dancing, gardening, going to the theater, traveling, and competing in dog sports. Future plans include establishing an Ambulatory Care practice in the Twin Cities after completing her residency at Fairview.
2016 Preceptor of the Year Award

Congratulations to Mike Akers, Pharm.D and Transitions of Care Specialist at CentraCare St. Cloud Hospital, on being awarded the Preceptor of the Year award. Mike was nominated by 2016 pharmacy resident Karin Josephson. Residents were asked to provide a story of how their preceptor personified this quote by Bob Proctor: “A mentor is someone who sees more talent and ability within you, than you see in yourself, and helps bring it out of you.” A highlight from Karin’s submission:

Passion is something I respect in a mentor, and Mike not only has a passion for pharmaceutical care, but for teaching. Whether he is working with a resident or student Mike is open for questions, drawing pictures, and googling images to help illustrate a point. Not only was he great at direct instruction and modeling patient care, he was a great coach and facilitator to let the learner take the lead during rounds, leading student discussions, and making calls to patients post-discharge. He encouraged me to be active with students with topic discussions, presentations at the hospital, and gave suggestions and contacts of where to expand my role and pharmacy’s role in the care team. Being at a new site and at a clinic where practice development was continuous, there were several times where I found myself overwhelmed and not sure what to do next to recruit more patients. However, being able to call or discuss things with Mike every week was educational and encouraging and allowed me to grow professionally in ways that would not have been possible without him.

Fall 2016 Academic Day/Preceptor Retreat

The combined Academic Day and Preceptor Retreat was hosted at the St. Paul CECC on Friday, October 7th. Preceptors in the program gathered in the afternoon for professional development activities. The group gathered outside for a group picture on a chilly fall day!