As I reflect on our accomplishments from the last year, one of the highlights for me is the work that was led by one of our 2nd year leadership residents, Anita Sharma, on establishing a standard of practice for the sites in our residency program. Through discussions at preceptor retreats and a series of focus groups led by Dr. Sharma, we were able to create a consensus around a Residency Program Practice Standard. In this document, we describe that sites within our residency program will provide comprehensive medication management to patients, including assessment, care plan, and follow-up as defined by the Patient Centered Primary Care Collaborative and the Pharmaceutical Care process. This is important work to define who we are as a program, and I expect it will be a powerful recruitment tool to explain the advanced level of practice in Minnesota to potential applicants to our program.

As described in this newsletter, CUHCC expanded their residency program, moving from 1 to 2 residents this academic year. We are anticipating further growth next year as Avera Marshall returns after a 1 year break, and adding a new site at CentraCare Health in St. Cloud, MN.

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Another exciting development for the program this year is the development of the formal collaboration between the residency program and the social and administrative pharmacy faculty and graduate students at the College of Pharmacy. For the sites that have chosen to participate, residents are paired with a SAPh faculty member and/or graduate student to partner with project design and data analysis. Residents have started working on projects earlier in the year, and have had positive meetings with experts to establish a quality residency project. We believe this is a win-win-win situation: residents benefit from additional guidance/mentoring, the SAPh faculty and graduate students benefit from the opportunities to work on community-based projects, and the residency program benefits from increased visibility within the College of Pharmacy and a greater percentage of residents completing publishable residency projects.

I continue to be honored to lead this program, and I want to thank all of you who contribute to the success of our residency program: Amy Pavelka, Sarah Schweiss, the hard-working residents committed to learning, and, most importantly, the dedicated preceptors and site coordinators who work tirelessly to ensure a quality experience for their residents. Thank you all!

All the best,

Sarah M. Westberg, Pharm.D., FCCP, BCPS
Associate Professor and Director, Ambulatory Care Residency Program
Department of Pharmaceutical Care and Health Systems
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2013-2014 Residents: Where are they now?

Charmin Amundson – Pharmacist, St. Cloud Hospital, St. Cloud, MN
Madeline Charles – Clinical Pharmacist, Goodrich Pharmacy, Anoka, MN
Ashley Crowl – Assistant Professor, University of Kansas School of Pharmacy, Wichita, KS
Michael Eannelli – Pharmacist, Thrifty White, Sandstone, MN
Natalie Hanson – Hospital Pharmacist, CentraCare Health, Monticello, MN
Taylor Hill – Pharmacist, Kmart, Virginia, MN
Britney Klocke – Clinical Staff Pharmacist, Ann Arbor VA Health Care System, Ann Arbor, MI
Lisa Krohn – Medication Management Pharmacist, Park Nicollet Health Services, St. Louis Park, MN
Lauren LaPinta – Clinical Pharmacist, Westside Community Health Services, St. Paul, MN
Zachariah Merk – 2nd Year Pharmaceutical Care Leadership Resident, HealthEast, St. Paul, MN
Matthew Rioux – Outpatient Pharmacist, Cuyuna Regional Medical Center, Crosby, MN
Andrea Rosenberg – 2nd Year Pharmaceutical Care Leadership Resident, HealthEast, St. Paul, MN
Laura Runstrom – Anticoagulation Pharmacist, Sandford Health of Northern MN, Bemidji, MN
Anita Sharma – MTM Pharmacist, HealthEast Care System, St. Paul, MN
Aekta Vasavada – Assistant Director of Ambulatory Care Services, Wagner Pharmacy and Wellness Center, Clinton, IA
Heather Wingen – Pharmacist, Fairview Ridgeview Pharmacy, Burnsville, MN
Timothy Yeh – Ambulatory Care Pharmacist, University of Wisconsin Hospitals and Clinics, Madison, WI
Alumni Highlights

Graduates of the University of Minnesota College of Pharmacy Ambulatory Care Residency Program have received a variety of awards recognizing their excellence and commitment to advancing healthcare, education and impacting pharmacy practice. Below you will find residency graduates (including graduation year and residency site) and some of their more recent honors and awards they have received throughout their Pharmacy career.

**J.D. Anderson**, PharmD, BCPS, BC-ADM, CDE – 2001, Paynseville Area Health Center
- University of Minnesota College of Pharmacy Preceptor of the Year, 2012

**Magdi Awad**, PharmD, BCPS, CDE – 2010, West Side Community Health Services
- 30 for the Future Award, Greater Akron Chamber, 2012
- Who to Watch in HealthCare, Crain’s Cleveland Business, 2013

**Andrew Bzowyckyj**, PharmD, BCPS, CDE - 2011, Pharmaceutical Care Leadership
- Pharmacy Best Practices in Diabetes Care Award, American Association of Diabetes Educators, 2014
- Distinguished Young Pharmacist Award, Missouri Pharmacy Association and Pharmacists Mutual Companies, 2014

**Michael Eannelli**, PharmD – 2014, FirstLight Health System
- Minnesota Rural Pharmacist Loan Forgiveness Recipient, 2014

**Rebecca Focken**, PharmD, BCACP, CGP – 2005, Paynseville Area Healthcare System
- Donald C. Brodie Scholar-in-Residence, American Association of Colleges of Pharmacy, 2014

**Casey Gallimore**, PharmD – 2007, Pharmaceutical Care Leadership
- Inducted as a Fellow into The Teaching Academy through a commitment to improve quality of teaching and learning across campus, University of Wisconsin Madison, 2014

**Keri Hager**, PharmD, BCPS – 2007, Superior Health
- Distinguished Young Pharmacist, Minnesota Pharmacy Association, 2014

**Emily Holm**, PharmD, BCACP – 2012, Avera Marshall Regional Medical Center
- Perfect Patient Experience Award, Mayo Clinic Health System, 2014

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Residency Endowment reaches $82,000! Keep it climbing by making a contribution online: Go to www.pharmacy.umn.edu, click on “Give Now”, and click “yes” under Optional menu to specify gift amount going to the “Residency Program Enhancement Fund”. Your support is greatly appreciated!

Alumni Highlights, continued

Kajua B. Lor, PharmD, BCACP – 2010, West Side Community Health Services
  • Script You Future Target Market Award, American Association of Colleges of Pharmacy National Consumer League, 2014
  • Pharmacy Exceptional Peer Reviewer Recognition, Journal of Managed Care, 2014
  • Clinical Science Professor of the Year, Touro University, 2013
  • One to One Patient Counseling Recognition, APhA, 2013
  • Script You Future Under-Represented Community Outreach Award, American Association of Colleges of Pharmacy National Consumers League, 2013
  • Programs Increasing Diversity in Research Scholar, 2012
  • Walmart Scholars Mentor, American Association of Colleges of Pharmacy, 2012

Zachariah Merk, PharmD – 2015, Pharmaceutical Care Leadership
  • Pharmacy Resident Practice Based Research Grant, ASHP, 2013

Dan Rehrauer, PharmD – 2002, Pharmaceutical Care Leadership
  • Distinguished Young Pharmacist, Minnesota Pharmacy Association, 2010

Shannon Reidt, PharmD, MPH., BCPS – 2008, Pharmaceutical Care Leadership
  • Pharmacy Faculty Development Fellowship in Geriatric Pharmacy, American Foundation for Pharmaceutical Education, 2014
  • Virtual Poster Symposium Best Poster Award, American Association of Clinical Pharmacy, 2012
  • Best Practice Recognition for College Involvement with Partnership Contributing to the Implementation of Pharmacist Services for Team Based, Patient Centered Care, American Association of Colleges of Pharmacy, 2012
  • Minnesota Physician Innovations in Patient Care, 2010

Allyson Schlichte, PharmD, MBA, BCACP – 2007, Fairview Pharmacy Services
  • Champion of Care Award, Fairview Foundation, 2014

Kyle Turner, PharmD – 2016, Pharmaceutical Care Leadership
  • Gregg Stracks Award for Leadership in Primary Care, Primary Care Progress, 2014

Sarah Westberg, Pharm.D., FCCP, BCPS – 2003, Pharmaceutical Care Leadership
  • Inducted as Fellow in American College of Clinical Pharmacy, 2013
  • Young Alumni Achievement Award, Drake University College of Pharmacy and Health Sciences, 2012
  • Teacher of the Semester (Class of 2012), University of Minnesota, College of Pharmacy – Twin Cities, Spring 2010
Site Profile: Community-University Health Care Center

Community-University Health Care Center (CUHCC) is a Federally Qualified Health Center (FQHC) located in South Minneapolis. Their mission is to seek health equity in our community by advancing the well-being of diverse people. Since opening in 1966, CUHCC has provided primary care services to children and low income families. Currently, the clinic offers medical, dental, mental health, advocacy, legal and care coordination services. CUHCC serves 12,000 patients through 62,000 visits annually. The patient population consists of more than 12 different racial and ethnic groups that span five continents.

CUHCC has a great commitment to education and is the largest urban primary care training center in Minnesota. CUHCC’s first pharmacy resident in 2002 was none other than the current Director of the Ambulatory Care Residency Program, Sarah Westberg, Pharm.D. CUHCC hired a full-time pharmacist in 2003. It has been a long-standing FQHC site within the residency program. In the last decade, CUHCC’s pharmacy program has achieved sustained growth in comprehensive medication management services, improvement in medication access for patients, advancements in technology within electronic medical record and medication use systems and leadership in collaborative practice and interprofessional education. In January 2014, CUHCC was chosen to participate as a site of the National Center for Interprofessional Practice and Education (the Nexus). The Nexus will be the nation’s coordinating center in developing and researching best practices for collaborative care and interprofessional education.

In the last decade, our pharmacy program has achieved sustained growth in comprehensive medication management services with over 1000 pharmacy visits last year. For the 2014-2015 residency year, CUHCC added a 2nd pharmacy resident. This significant opportunity is allowing for expanded capacity for patient appointments, enhanced collaboration with and support for mental health, leadership in collaborative practice and interprofessional education, and deepening pharmacotherapy education for clinical staff and patients. Each year, the resident is one of the most sought after members of the health care team at CUHCC. They are looking forward to advancing pharmacy practice at CUHCC with the help of their newest team members!
Meet Our Residents, 2014 - 2015

Sarah Amlin, Pharm.D.
Alma mater: The Ohio State University
Clinic Site: Community-University Health Care Center

Sarah works on an interprofessional team to manage the health conditions of underserved patients. She helps to manage many different medical conditions such as asthma, diabetes, anticoagulation, and smoking cessation. Her research project is focused on medication access and ensuring patients are getting the medications they need.

Hannah Dambek, Pharm.D.
Alma mater: University of the Sciences in Philadelphia
Clinic Site: Fairview Health Services

Hannah spends four days per week seeing patients for Medication Therapy Management (MTM) visits at two different primary care clinics, one in Uptown of Minneapolis and one in Edina. One day per week is spent at the Fairview Pharmacy Services office building working with various management teams. Her residency project is focusing on the impact of MTM pharmacists on transitions of care patients.

Aimee Burk, Pharm.D.
Alma mater: University of Minnesota – Duluth
Clinic Site: FirstLight Health System

Aimee offers medication therapy management services to patients in Mora, Pine City, and Hinckley. She also works within an inter-professional palliative care team to manage health conditions of individuals with complex chronic conditions. She works closely with physicians, nurses, social workers and other members of the health care team to ensure that they are providing the best care to their patients. She also staffs the hospital pharmacy on various nights and weekends and occasionally works at the newly opened FirstLight retail pharmacy in Pine City.

Mandy Gagnon, Pharm.D.
Alma mater: University of Minnesota – Duluth
Clinic Site: Essentia Health

Mandy enjoys the variety of practice sites available within the residency, as she is able to provide medication therapy management services to 5 clinics in the Duluth and Superior area. As a resident she has had a variety of opportunities to work on interprofessional teams made up of physicians, medical residents, midlevel practitioners, nurses and other members of the health care team to manage a patient’s medications and conditions. She also provides consultation services for the Hospice and Behavioral Health programs, as well as assisting in teaching the Pharmaceutical Care Lab at the University of Minnesota College of Pharmacy Duluth Campus.

Kelsey Gander, Pharm. D.
Alma mater: Drake University
Clinic Site: Walgreens and Hennepin County Medical Center

Kelsey’s time is split between two sites, HCMC Brooklyn Park Clinic and Walgreens pharmacy. She has enjoyed participating in off-site flu shot clinics and health fairs with Walgreens, as well as seeing patients for medication therapy management at both sites.
Peter Griffin, Pharm.D.  
Alma mater: University of Minnesota – Twin Cities  
Clinic Site: Goodrich Pharmacy

Flu clinics have taken over much of Peter’s time lately, and his clinic days have been full up to the brim. Over the next few months he plans to also increase his community MTM patient work load.

Alex Hennen, Pharm.D.  
Alma mater: University of Minnesota – Twin Cities  
Clinic Site: St. Cloud VA Health Care System

Alex is interested in using medication therapy management to improve outcomes in the geriatric population. He will be researching outcomes related to heart failure treatments in an outpatient population.

Amy Herbranson, Pharm.D.  
Alma mater: University of Minnesota – Twin Cities  
Clinic Site: Fairview Pharmacy Services

Amy enjoys the interdisciplinary teamwork she gets to be a part of at the Fairview clinics. She enjoys working directly with patients and seeing them improve their quality of life by helping them optimize their medications. She is currently working on a research team which strives to identify ways to improve transitions of care for patients with heart failure and kidney dysfunction through increased pharmacist involvement in patient care.

Amanda Klos, Pharm.D.  
Alma mater: University of Wisconsin – Madison  
Clinic Site: Essentia Health

Amanda’s current clinic sites are Lakewalk Clinic, Proctor Clinic, and Duluth Family Medicine Clinic. At these sites she has the opportunity to visit with patients before they see their primary care provider and she is able to make suggestions to optimize their medication regimens. Teaching is also a big part of her role; she teaches weekly to pharmacy students and she also organizes education material for medical residents.

Zach Merk, Pharm.D.  
Pharmaceutical Care Leadership Resident (Year 2)  
Alma mater: University of Minnesota – Twin Cities  
Clinic Site: HealthEast Roselawn

Zach is currently enjoying building a new MTM practice with HealthEast. He is also facilitating 3rd year lab, leadership best sellers, and FIPCC in the Pharm.D. program at the College of Pharmacy. He is also exploring management and advocacy roles.

Cory Nelson, Pharm.D.  
Pharmaceutical Care Leadership Resident (Year 1)  
Alma mater: Idaho State University  
Clinic Site: Broadway Family Medicine

As a first-year leadership resident, Cory splits his time between his clinic site and teaching in the Pharmaceutical Care Lab at the College of Pharmacy. He enjoys providing pharmaceutical care to patients in an inter-disciplinary teaching environment and the relationships it builds with patients and other members of the healthcare team.
Meet Our Residents, 2014 - 2015

Anita Ngo, Pharm.D.
Alma mater: University of Minnesota – Twin Cities
Clinic Site: St. Cloud VA Health Care System

At the St. Cloud VA, Anita manages Veterans’ chronic disease states as part of interdisciplinary Patient Aligned Care Teams. The scope of practice allows a pharmacist to make medication adjustments and to order lab work necessary to provide optimal patient centered care.

Alex Paffrath, Pharm.D.
Alma mater: University of Minnesota – Duluth
Clinic site: Coborn’s Pharmacy

At Coborn’s Pharmacy in Little Falls, Alex is involved in community engagement projects such as flu shot clinics and community presentations, as well as working to build the Medication Therapy Management model for the Coborn’s organization. At the Family Medical Center, she works to improve medication therapy in high-risk patients with the Care Coordination Team. Through the certified medical home model, she is able to work with nurses and physicians to provide support to patients with multiple comorbidities, disabilities and difficult social situations to improve their overall health.

Andrea Rosenberg, Pharm.D.
Pharmaceutical Care Leadership Resident (Year 2)
Alma mater: University of Minnesota – Twin Cities
Clinic Site: HealthEast Downtown St. Paul

As a second year leadership resident, Andie is starting a new MTM practice within the HealthEast system. She is also working on a grant regarding transitions of care, and has brought the knowledge she has gained to HealthEast. Andie is passionate about interprofessional care and providing comprehensive medication management to ensure that her patients are getting the most out of their medication regimens. In addition to clinic practice, she teaches at the University of Minnesota.

Aimee Rosin, Pharm.D.
Alma mater: University of Minnesota – Twin Cities
Clinic Site: Park Nicollet

Working within a health care home model, Aimee has the unique opportunity to work collaboratively with patients and other health care providers to optimize medication use and improve quality of life. She has a passion for providing patient-centered care, as well as a special interest in smoking cessation which she will incorporate as part of her residency project.

Jaclyn Rust, Pharm.D.
Alma mater: University of Minnesota – Twin Cities
Clinic Site: New Ulm Medical Center

Jackie enjoys working one-on-one with patients in both outpatient clinic and inpatient hospital settings, serving on hospital committees and learning the unique pharmaceutical needs of a rural, critical access hospital. Her current focus is on a transitions of care project where she makes post-discharge phone calls to identify medical and medication related problems/discrepancies in the transition process.
Kim Tran, Pharm.D.
Alma mater: University of Minnesota – Twin Cities
Clinic Site: Community-University Health Care Center

Kim is working within an interdisciplinary team to provide comprehensive medication management services to underserved patients. She has an interest in improving the delivery of preventive services, specifically with adult vaccinations.

Payeng Vue, Pharm.D.
Alma mater: University of Minnesota – Twin Cities
Clinic Site: West Side Community Health Services

Payeng is currently working as part of an interdisciplinary team to provide medication therapy management services to patients with chronic health conditions including diabetes, hypertension, hyperlipidemia, and patients on warfarin. She is involved in running monthly diabetes groups along with providers, medical assistants, dietitians, and diabetes educators.

Kyle Turner, Pharm.D.
Pharmaceutical Care Leadership Resident (Year 1)
Alma mater: University of Utah
Clinic Site: Smiley’s Family Medicine

Kyle’s role at his clinical site is to provide comprehensive medication management services as part of an interprofessional team to patients from diverse backgrounds with multiple chronic conditions. In addition to clinical practice, Kyle spends time teaching at the College of Pharmacy.

Pavoua Xiong, Pharm.D.
Alma mater: Shenandoah University
Clinic Site: West Side Community Health Services

Pavoua spends her time between three primary care clinics performing medication therapy management, monitoring warfarin dosing, titrating insulin dosing, and providing pharmaceutical care with other chronic disease states. She also helps with drug information questions and dispenses in a 340B pharmacy.

Jared Van Hooser, Pharm.D.
Alma mater: University of Minnesota – Duluth
Clinic Site: Essentia Health

Jared provides Medication Therapy Management services to patients in several internal medicine clinics in Duluth and the surrounding area. In these clinics Jared works one-on-one with physicians, nurses, and other members of the health care team to manage patients’ medication and disease states. In addition to providing patient care, Jared works with fourth year pharmacy students on rotations and third year pharmacy students in the classroom. He also participates in a hospice care team, journal club/topic discussions, and gives presentations to professional staff.
Preceptor of the Year Award

Since Spring 2012, residents have been given the opportunity to submit a nomination for the Preceptor of the Year Award. This year, we wish to congratulate Ann Yapel, Pharm.D, as the 2014 Preceptor of the Year.

It usually is not an easy feat for residents to narrow down which preceptor they will nominate, as was the case for Cassie Dillon, Taylor Hill, and Matthew Rioux, residents of Essentia Health System for 2014. Ultimately, their decision to nominate Ann came down to this quote by Taylor – “Ann Yapel is the best pharmacist I have ever known”. People who work with Ann know she is a considerate and thoughtful person, not only with her patients but also with her colleagues. When meeting with patients, Ann is not quick to judge and is empathetic to each situation, easily building trust with her patients. She sees every professional experience as a learning opportunity and uses these experiences to improve her practice and teaching. Again, congratulations Ann!

Fall Preceptor Retreat

Fall Preceptor Retreat

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