

PHAR 6902/NURS 6604 Foundations for Integrative Mental Health and Psychiatric Practice

Meeting Time, Place, Credits

September 3 - December 11, 2019
Primarily online, with 3 required in-person 3-hr patient care simulations and 1 in-person class
Online/IERC

2 credits

Course Web Site: <https://canvas.umn.edu/>

Course Instructional Team

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Overview of the course

This course is designed to allow students to examine concepts, theories, and paradigms foundational to psychiatric/mental health practice and interprofessional integrative mental health care. Students develop clinical interviewing methods that elicit a client's health narrative and facilitate the therapeutic relationship. Students also practice techniques that promote beginning skills important in reflective clinical practice.

Course format

The course is primarily online, with a required introductory class and 3 required 3-hr patient care simulations. There will be content posted on the course website for student learning. Activities and assessments include patient scenario cases/group work, reflective papers (upon re-watching the video of interactions with the interprofessional teams and standardized patients during the simulation sessions), weekly online discussions, and a quiz.

Required introductory class: 9/11; 12:20 - 3:20 PM; Location Moos Tower 5-125 (or through ITV for Duluth students)
The following patient care simulation dates are mandatory: 10/2, 10/23 and 11/13; 12:20 - 3:20 PM; Location IERC

Prerequisites

- Pharmacy students need to be PD3 students committed to earning the Interprofessional Integrative Mental Health Focus Area designation. We ask pharmacy students to commit to the entire series (fall and spring electives, and mental health APPE)
- Nursing Students must be a Doctor of Nursing Integrative Mental Health student

Computer/Technology Requirements

The University of Minnesota computer requirements are listed here:

- <https://it.umn.edu/portfolio/academic-technology-tools>

Course Goals & Objectives

1. Recognize and utilize care theories that influence integrative psychiatric/mental health clinical practice.	Domains: 1.0, 1.1, 1.2, 1.8, 2.2, 2.5
2. Examine paradigms of mental health and illness and their influence on the clients' narrative about their mental health and physical health care.	Domain: 1.2, 1.4, 2.7
3. Demonstrate clinical interviewing skills that promote a holistic mental health assessment.	Domains: 1.1, 1.2, 2.6
4. Examine and demonstrate personal communication skill that promotes interprofessional working relationships.	Domains: 5.1, 5.3, 5.4, 5.6, 5.7, 5.8, 5.9
5. Appreciate the value of self-awareness to the therapeutic relationship and reflective practice.	Domains: 1.0, 1.8, 5.0, 5.5

Domains below provided for reference.

[Link to full competency domain document.](#)

Competency Domains

Domain 1: Patient-Centered Care

As a provider of care, the pharmacist is ethical, benevolent, empathetic, competent, open-minded, prudent in making judgments, and devoted to serving others. The pharmacist applies knowledge, experience, and skills to protect the welfare of humanity. The pharmacist willingly and respectfully cares for patients to assure optimal therapeutic outcomes

Domain 2: Population Health & Vulnerable Communities

As a promoter of public health, the pharmacist uses his/her expertise to partner with others to improve care for vulnerable communities or at risk populations. The pharmacist recognizes the differences between populations of individuals and seeks to alleviate disparities that exist.

Domain 3: Health Systems Management

As a manager of health system resources, the pharmacist examines critical issues, assumptions, and limitations to produce and validate ways to deliver medications safely, effectively, and in a timely manner. The pharmacist demonstrates imagination, inventiveness, and courage by undertaking new endeavors to produce improved quality, productivity, efficiency, effectiveness, and innovation.

Domain 4: Leadership & Engagement

In leading, the pharmacist demonstrates integrity and is habitually resolute, focused on excellence, knowledgeable about the "big picture," strategic, focused, persuasive, open to feedback, decisive, visionary, empowering, and service-oriented.

Domain 5: Professional & Interprofessional Development

When collaborating, the pharmacist demonstrates critical thinking, excellent communication and leadership, and is goal-oriented, cooperative, assertive, respectful, enthusiastic, and reliable. The pharmacist consistently and consciously demonstrates high ethical and moral standards by considering how and when to act, acting in a manner that is clearly consistent with those standards and exercising accountability for those actions.

Domain 6: Knowledge, Scientific Inquiry, and Scholarly Thinking

In making use of scientific knowledge, the pharmacist explains with thoroughly researched, evidence based accounts of facts and data, and provides interpretations based on analysis of the importance, meaning, and significance. The pharmacist applies knowledge fluently, flexibly, and efficiently in diverse contexts.

* refer to College of Pharmacy Competency Domains for Section descriptions. [Link to full competency domain document.](#)

Attendance Policy

Attendance in this class is required and includes active participation across the weeks within the online course space as well as mandatory attendance at the simulation events. Any student with a reason to be excused from class must contact the Course Director before the class session by email or phone.

Students will not be penalized for absence during the semester due to unavoidable or legitimate circumstances. Such circumstances include verified illness, participation in intercollegiate athletic events, subpoenas, jury duty, military service, bereavement, and religious observances. Such circumstances do not include voting in local, state, or national elections. For complete information, please see the University Policy Library Makeup Work for Legitimate Absences Website. [Link to full Makeup Work policy](#)

Course Materials

Required Texts:

Sommers-Flanagan, J. & Sommers-Flanagan, R. (2016). *Clinical interviewing* (6th ed.). Hoboken, NJ: John Wiley & Sons, Inc. **Must have this edition.**

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders, 5th Edition*. DSM-5.

ANA Scope and standards of psychiatric mental health nursing practice. (2014). Washington, DC: American Nursing Publishing.

Recommended Text:

Lake, J.H., & Spiegel, D. (2007). *Complementary and Alternative Treatments in Mental Health Care*. Washington DC: American Psychiatric Association Publishing, Inc.

Strongly Recommended - this text will be used in spring semester:

Tusaie, K. & Fitzpatrick, J. (2017). *Advanced practice psychiatric nursing: integrating psychotherapy, psychopharmacology, and complementary and alternative approaches across the life span. (2nd ed)*. New York: Springer Publishing.

Assessments and Grading

Graded Assessments

The following graded assessments will count toward your final grade for this course in the following amounts:

Assignment	Points	% of Final Grade
Interprofessional Video Chat	10	5
IERC Self-assessment and Reflection (3 @ 25 points each)	75	45
Health Story Assessment: Mind Map	30	20
Quiz	30	10
Discussions (8 @ 5 points each)	40	10
Class Participation (F2F and Online)	20	10
Total	205	100

Statement on Penalties for Late Work

Assignments must be handed in on time, unless a different date has been negotiated with faculty at least 24 hours prior to the deadline. Late work will result in loss of points at 10% per week, applied one minute after the assignment is due and each subsequent seven days.

Course Letter Grades

Grade	Percentage
A	94.0 – 100
A-	90.0 – 93.9
B+	87.0 – 89.9
B	83.0 – 86.9
B-	80.0 – 82.9
C+	77.0 – 79.9
C	73.0 – 76.9
C-	70.0 – 72.9
D+	67.0 – 69.9
D	63.0 – 66.9
F	0 – 62.9

Minimum Passing Level

Per University and College Policy, students who receive a grade below D in this course must successfully repeat the course before advancing to courses that require this course as a prerequisite.

[University of Minnesota and College of Pharmacy Policy Reference \(Centralized Syllabus\)](#)

[This page includes all required UMN and CoP policies, e.g., Academic Freedom; Copyright; Course Evaluations; Disability Accommodations; FERPA, etc.]